

EP 375 Legionella Awareness: Your Questions Answered by Trace Blackmore

#### **EPISODE SUMMARY**

In episode 375, **Trace Blackmore** tackles the topic of Legionella bacteria, answering frequently asked questions about its risks, testing, and treatment. Legionella can cause serious health issues, and Trace emphasizes the importance of understanding how it proliferates in water systems. He also outlines preventive measures and discusses various testing methods, offering practical advice to water treatment professionals on protecting themselves and their clients.

### **KEY TAKEAWAYS**

- 1. **LEGIONELLA BASICS:** Legionella is a bacteria responsible for Legionnaires' disease, which can be contracted through contaminated water droplets.
- 2. **WHERE IT GROWS**: It typically proliferates in water systems like cooling towers, hot water systems, and fountains.
- 3. **HEALTH RISKS**: Legionella poses significant risks, particularly to the elderly and immunocompromised individuals.
- 4. **TESTING METHODS:** Trace covers various ways to test for Legionella, including culture testing and rapid testing.
- 5. **PREVENTION STRATEGIES:** Preventing Legionella involves routine testing, maintaining clean systems, and working with the owner of the equipment.
- 6. **TREATMENT OPTIONS:** Water treatment options include chemical dosing and filtration systems and heat to name a few.
- 7. **REGULATORY REQUIREMENTS:** Discusses the importance of adhering to local regulations and guidelines for Legionella control.



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#### **KEY TAKEAWAYS**

- 8. **WATER SYSTEM MONITORING:** Emphasizes the need for ongoing monitoring and risk assessment of water systems.
- 9. **CUSTOMER COMMUNICATION:** It's important to educate customers about the risks of Legionella and the steps being taken to mitigate them.
- 10. **PROFESSIONAL RESPONSIBILITY:** Water treatment professionals must stay informed and up-to-date on best practices to protect public health

## **TEAM DISCUSSION QUESTIONS**

- 1. What are the health risks associated with Legionella?
- 2. In which types of water systems does Legionella typically proliferate?
- 3. How can water treatment professionals test for Legionella?
- 4. What are the primary methods of preventing Legionella in water systems?
- 5. Why is controlling water temperature important for preventing Legionella growth?
- 6. What are the recommended treatment options for Legionella contamination?
- 7. How do local regulations affect Legionella control measures?
- 8. Why is it necessary to regularly monitor water systems for Legionella?
- 9. How can professionals effectively communicate Legionella risks to their customers?
- 10. What is the responsibility of a water treatment professional when it comes to Legionella awareness?



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# ANSWER KEY (FOR THE FACILITATOR)

- 1. Health risks include Legionnaires' disease, a severe form of pneumonia, especially harmful to the elderly and immunocompromised.
- 2. Legionella typically grows in water systems like cooling towers, hot water systems, and fountains.
- 3. Testing methods include culture testing, PCR testing, and rapid test kits.
- 4. Preventing Legionella requires regular testing, cleaning systems, and temperature control.
- 5. Controlling temperature ensures Legionella does not thrive, particularly keeping hot water above 140°F and cold water below 68°F.
- 6. Treatment includes chemical dosing, such as biocides, and filtration systems.
- 7. Regulations often mandate regular testing and remediation plans for buildings and water systems.
- 8. Ongoing monitoring helps detect issues early and prevents outbreaks.
- 9. Communication with customers should be clear and informative, focusing on the risks and solutions being implemented.
- 10. Water treatment professionals must remain informed and follow best practices to protect public health and ensure compliance.



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